



TENNIS DETAILS

HIGH PERFORMANCE ACADEMY

- The High-Performance Tennis Academy is for competitive players who are playing varsity high school, ZAT, Champ, and Super Champ tournaments in Texas. This academy is designed to enhance the technical, strategic, and physical capabilities of each player through live-ball drills, match play, and conditioning. It will be overseen by a USPTA certified professional who has 20 years of playing experience at the junior and collegiate levels. Participants will receive a shirt.
 - **Tuesday - Thursday from 7-8:30 p.m.** - \$140.00 (Includes T-shirt)
 - **Ages 12-18**
 - 3 weeks (9 classes)
 - Sept. 29 - Oct. 15 (Session 1)
 - Rain Make-Up Week: Oct. 20
 - Oct. 27 - Nov. 12 (Session 2)
 - Rain Make-Up Week: Nov. 17

JUNIOR BEGINNER

- Junior Beginner Tennis is a fun introduction to the game of tennis. Players will learn the basics of the forehand, backhand, serve and volley in a fast-paced, interactive manner. The last session will include a game night for participants to play games and win prizes. Participants will receive a shirt.
 - **Mondays from 6-7 p.m.** - \$70.00 (Includes T-shirt)
 - **Ages 5-9**
 - 6 weeks (6 classes)
 - Sept. 28 - Nov. 2
 - Rain Make-Up Week: Nov. 9
 - **Mondays from 7-8 p.m.** - \$70.00 (Includes T-shirt)
 - **Ages 10-15**
 - 6 weeks (6 classes)
 - Sept. 28 - Nov. 2
 - Rain Make-Up Week: Nov. 9
 - **Wednesdays from 6-7 p.m.** - \$70.00 (Includes T-shirt)
 - **Ages 5-9**
 - 6 weeks (6 classes)
 - Sept. 30 - Nov. 4
 - Rain Make-Up Week: Nov. 11

JUNIOR INTERMEDIATE

- Junior Intermediate Tennis is for players who have received prior instruction on the basics of tennis strokes by a tennis professional. Players will focus on static and live-ball drills for singles and doubles play. The last session will include a game night for participants to play games and win prizes. Participants will receive a shirt.
 - **Thursday from 6 - 7 p.m.** - \$70.00 (Includes T-shirt)
 - **Ages 9-15**
 - 6 weeks (6 classes)
 - Oct. 1 - Nov. 5, Rain Make-Up Week: Nov. 9



ADULT BEGINNER

- Adult Beginner Tennis is a fun, active introduction to the game of tennis. Players will learn basic tennis strokes, scoring, and strategy. Participants will also engage in fun games each session to increase their enjoyment of the sport. Participants will receive a shirt.
 - **Tuesdays from 6-7 p.m.** - \$70.00 (Includes T-shirt)
 - **Ages 16+**
 - 6 weeks (6 classes)
 - Sept. 29 – Nov. 3
 - Rain Make-Up Week: Nov. 10

COMPETITIVE ADULT DRILL

- Competitive Adult Drill Tennis is for players who have received prior instruction by a tennis professional on the basics of tennis strokes, and who are interested in playing in tournaments or leagues. Each stroke will be covered through active, live-ball drills and match play. Strategy and on-court tactics also will be discussed and integrated into drills. Participants will receive a shirt.
 - **Sundays from 2-3:30 p.m.** - \$90.00 (Includes T-shirt)
 - **Ages 16+**
 - 6 weeks (6 classes)
 - Oct. 4 – Nov. 8
 - Rain Make-Up Week: Nov. 15

WEBSITE

- League information: cstx.gov/sports

STAFF

- Recreation Supervisor – Athletics, Gene Ballew, gballew@cstx.gov, 979.764.3424